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BOUCHARD BREAKS THE OPPOSITION

MONTREALER EARNS DECISIVE 6-0, 6-2 WIN IN PARIS; USE METRO AR TO SEE WHO ELSE GOT BEAT AT THE FRENCH OPEN PAGE 24

Feds keeping quiet on help after Haiyan

Ottawa refuses to divulge results after rushing visa applications for Filipinos devastated last year PAGE 3

Can't rescue girls with guns blazing, says military chief

Nigerian official stresses patience now that abducted girls have been found PAGE 7

Million Ways to Die — such as filming this movie

Charlize Theron risks life for laughs in western comedy PAGE 15

Sound bites of the roundtable

TORONTO VOTES 2014

A platform for all. Lagging and fringe candidates get chance to challenge leaders

JESSICA SMITH CROSS
jessica.smithcross@metronews.ca

At a roundtable debate featuring the leading mayoral candidates, the lagging candidates, some of the fringers — but no Rob Ford — Karen Stintz made it clear where she stands.

"Why on Earth am I staying in the race at five per cent (support in the polls)?" asked Stintz at the National Ethnic Press & Media Council roundtable at city hall on Monday.

"A lot of people say, 'How do you differentiate yourself from Mr. (John) Tory? Why don't you just drop out and join John Tory's race?'

"I have something different to offer, and it's called decision-making," she said.

Tory was 40 minutes late for the debate and arrived as Stintz was talking about him.

Representation

"I'm not here as a joke; I'm here because youth issues need to be included." Morgan Baskin, 18

Sarah Thomson delivers her opening statement at the roundtable hosted by the National Ethnic Press & Media Council of Canada at city hall on Monday night. The candidates who attended were, from left, Morgan Baskin, Olivia Chow, Dewitt Lee, Michael Nicula, Erwin Sniedzins, David Soknacki, Karen Stintz, Thomson and John Tory. JESSICA SMITH CROSS/METRO

Tory reiterated his support for building subways and said he'd make sure projects get done on time and on budget.

Chow stressed her immigrant background, which she shares with many members of the roundtable hosts. "It was tough, so I know what every nickel is worth," she said.

David Soknacki, who left the debate an hour early, reiterated his platform in detail — from his economic argument for an LRT in Scarborough to his five-point accountability plan — and asked voters to look seriously at the candidates and campaign so far.

Sarah Thomson promoted her plan to build LRTs but put them underground. "I'm one of the few candidates who considers infrastructure actually sexy," she said.

For the lesser-known candidates, the debate gave them the most significant public platform to date.

"I'm not here as a joke," said Morgan Baskin, 18. "I'm here because youth issues need to be included."

Baskin won smiles from the assembled media, first when she said of course she supports Pride because she has two trans dads, and again when she said she is against police carding but looks forwarded to getting "carded" at the liquor store when she turns 19.

Dewitt Lee, a community volunteer and proud Christian, spoke about living in a city with "heart" where everyone has a chance to succeed.

Erwin Sniedzins explained that his last name is pronounced like "pigeons" and talked about his past, such as how he quit a good job with Xerox to climb a mountain.

Michael Nicula, founder of the Online Party of Canada, offered some big ideas, including making decisions from referenda and making the TTC free for everyone.

Puzzling support

Incumbent built Ford tough

The incumbent was physically absent at the debate yet loomed large when the candidates were asked why people support Rob Ford.

Stintz said Ford is a lesson on the power of keeping political promises, saying that Ford kept his word to axe the car tax, contract out garbage and get union contracts under control. However, she alleged Ford is homophobic, misogynistic, bigoted and "does routinely lie."

Thomson's answer was Ford's "authenticity" and "Rob being Rob."

Nicula took a different approach. "I am the new Rob Ford," he said. "Better educated, more competent, fitter. But I share his main ideas. He was elected because of a sound clip: stop the gravy train. And I will do that." METRO

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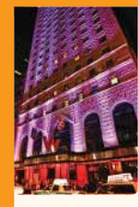

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Ottawa stays mum on visa process for typhoon victims

Secrecy. Feds refusing to disclose results of special measures designed to help Filipinos hit hard by 2013 superstorm

In the devastating aftermath of typhoon Haiyan, the Canadian government touted a promise to fast-track visa applications for Filipinos "significantly and personally affected" by the deadly superstorm.

Six months later, Citizenship and Immigration Canada is keeping information on how the special measures fared secret.

The government will say only that roughly 1,100 applications have been approved. Officials won't reveal how many typhoon victims applied, how many were rejected and how long it took to process the emergency claims.

Immigration has ignored Torstar News Service's repeated requests for this information over the past two weeks.

"I cannot think of any reason why they would not answer this question," said Duff Conacher, co-founder of Democracy Watch, an organization that advocates for a more open and accountable government.

Advocates for government transparency say the perplexing silence speaks to the unprecedented secrecy of the Stephen Harper government.

The purpose of the special measures enacted after Haiyan decimated the Philippines' eastern islands on Nov. 8 was to provide swift relief for those who urgently needed help, according to the government.

"We are zeroing in on the ones that involve people or families from the big islands hit by the typhoon, that were in the typhoon's path, or smaller islands that have experienced this devastation," the immigration minister said in a November 2013 statement.

Despite the urgent nature of the situation, some typhoon victims waited more than five months for a response — and many are still waiting.

Toronto nanny Sharon Creer, whose fast-tracked applications for her husband and children — who survived the typhoon that claimed her mother and four other relatives — took several months to process.

She finally received a response on May 9: They were rejected.

Tom Price, president of the Leyteno Association of Ontario — an organization representing Filipinos from the province of Leyte, the region hardest hit by the typhoon — said he has heard of only two visas approved under the special measures.

TORSTAR NEWS SERVICE

Quoted

"There's nothing in any law that prohibits the disclosure. And so they must be hiding something — that's the message they're sending to Canadians with this excessive and completely unjustifiable level of secrecy."

Duff Conacher, co-founder, Democracy Watch

Toronto nanny Sharon Creer and her husband Rodolfo toured the remains of the street where Sharon's mother was killed during typhoon Haiyan. Sharon is trying to get her husband to Canada through an emergency-relief visa but has been unsuccessful. LUCAS OLENIUK/TORSTAR NEWS SERVICE

TDSB

Police-check policy to be reworked

A proposed policy requiring all school volunteers to get police checks — even a grandparent who wants to help out on one field trip — is unacceptable and must be reworked, Toronto District School Board trustees say.

A committee sent the proposal back to board staff after an outcry from parents, who said it "solves a problem that doesn't exist," and would severely curtail involvement.

TORSTAR NEWS SERVICE

Shooting

Volunteer doctor killed in Pakistan

The brother of a Canadian cardiologist gunned down in Pakistan in front of his wife and two-year-old son says Mehdi Ali Qamar had just arrived in Pakistan to do volunteer work at a hospital.

Police say two gunmen riding a motorcycle shot Qamar 10 times at close range in the town of Chanab Nagar, adding that Qamar's wife and son were not harmed.

Hadi Ali Chaudhary says his brother and his family arrived in Pakistan several days ago from their home in Ohio and planned to treat patients at the Tahir Heart Institute in Rabwah.

Chaudhary says Qamar, 51, who had been living in Ohio for about 10 years, will be flown to Canada for burial in Toronto. THE CANADIAN PRESS

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T.O's wackiest yards

Toronto, it seems, has plenty of ambitious yard decorators — though they may spark concerns about what their creations may do to neighbouring property values. There's no time like spring to check out some of the city's oddest and most spectacular yard art. As perplexing as these decorative choices may seem, each yard has a story, and often it's not as crazy as you might expect. Here's a sampling of just a few.

LIA GRAINGER
toronto@metronews.ca

550 Manning Ave.

Spring has sprung in Toronto at last, and while most home owners are filling their front yards with flowers, Guiseppe (Joe) Rauti, 75, of 550 Manning Ave. is busy filling his with a wild mishmash of knick-knacks and sawed-up chunks of wood, all glued together with bulbous mustard insulation foam.

Rauti has been adding to his Tim Burton-esque arbor a little at a time for 17 years now — a brass belt-buckle here, a tiny porcelain dog's head there — so that today the sculpture reaches all the way from his house to the sidewalk.

"The kids come by, and they stop and look," says Rauti proudly. "People take pictures and want to know the story of this place."

Rauti's yard is certainly unique — a jumble of plastic toys, rocks and tree branches complete with fish pond and altar to the Virgin Mary.

473 Clinton St.

Longtime resident Albino Carreira has attached thousands of corks, coins and chopped up pool cues to the outside of his home to create fabulously strange mosaics that stretch across the yard to where a sign identifies the property simply as "The Wood." Carreira's decorations continue onto the street, where his van is covered almost entirely in plastic insects and figurines.

92 Regal Rd.

On Regal Road, a life-sized aboriginal man on horseback sits with his face turned upwards, his arms outstretched, palms open. Emerging from the ground in front of him are two overturned cowboy boots, and a sign that reads simply, "Road Closed." The striking sculpture bears the signature of the late American painter and sculpture Frederic Remington, who specialized in Western-themed art.

77 Yarmouth Rd.

Owner James Lawson has kept it simple: his otherwise ordinary patch of front lawn is dominated by a life-sized, bright-white sculpture of an elephant. The fibreglass animal was the thesis project of OCAD graduate Matt Donovan, and has been standing on Lawson's lawn since 2003.

1016 Shaw St.

On Shaw Street, the Parashos family has turned their two-level detached home into a gaudy monument to Greek antiquity, with whitewashed pillars, urns and statues crowding the front lawn and facade.

Neighbourly discount

- "Buyers will consider what their neighbours are like, and the curb appeal could definitely be affected by what a neighbour has on their front lawn," says Nancy Biderman, a Toronto realtor with Harvey Kalles Real Estate.
- In fact one couple now living next to the infamous Leslieville dollhouse says they got their home for several thousand under asking at a time when the housing market was majorly inflated.

37 Bertmount Ave.

Who can ignore the infamous Leslieville Doll House, as shown in this file photo. It's perhaps the most alarming yard in Toronto. On the front lawn Cookie Monster, the Telletubbies and hundreds of other dolls rise ominously from long wooden stakes.

PHOTOS – BOTTOM RIGHT: TORSTAR NEWS SERVICE FILE; ALL OTHERS: LIA GRANGER/FOR METRO

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City, province play game of hot potato with TCHC

Toronto Community Housing Corp. Deputy mayor calls on Ontario to start funding social housing repairs by 2018

The provincial government should take back responsibility for funding Toronto's massive public housing portfolio, says Deputy Mayor Norm Kelly.

In a news conference Monday, Kelly said he hopes whoever is elected Toronto's mayor on Oct. 27 will advocate for funding needed for the aging housing stock.

Ontario transferred financial responsibility for social housing to the city in 2000. At the time, then mayor Mel Lastman complained loudly that the city couldn't afford the upkeep on it.

Now, Kelly wants Queen's Park to take it back.

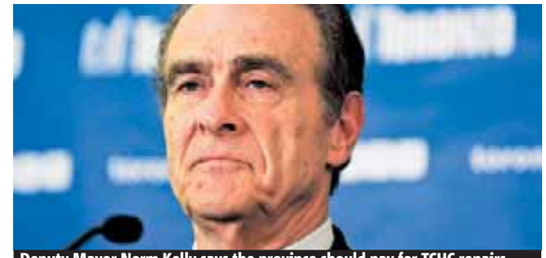
Caught in the middle of the funding dispute are 164,000 tenants who live in 58,500 apartments, townhouses and detached houses, which have a massive $2.6-billion repair backlog.

The city has asked Queen's Park and Ottawa for $864 million each to carry out repairs over the next 10 years, but the senior governments haven't agreed, city manager Joe Pennachetti said recently.

TORSTAR NEWS SERVICE

No shows

Deputy Mayor Norm Kelly said Monday he was disappointed provincial party leaders didn't attend Friday's meeting of mayors of 16 Ontario cities with populations over 100,000.



Deputy Mayor Norm Kelly says the province should pay for TCHC repairs.
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Artist's rendering could soon become artists' reality

An artist's rendering of the Bayside neighbourhood provided by Waterfront Toronto. CONTRIBUTED

Starving artists are poised to join millionaires in a groundbreaking waterfront condo project to be debated by Toronto's executive committee Tuesday.

The city has chosen nonprofit developer Artscape to manage 80 affordable artists' apartments within a 220-unit condo building on the water's edge, east of Sherbourne Common and George Brown College.

The proposed affordable housing pilot project, approved in principle by council last fall, is part of Waterfront Toronto's $1.1-billion Bayside neighbourhood, being developed by partners Hines and Tridel Corp.

"This project will set a precedent for integrating a diverse mix of individuals and families into a new waterfront community," said Sean Gadon, director of the city's affordable housing office.

Artscape doesn't want to comment about the project until council gives its final approval, expected in July. But spokeswoman Liz Kohn said the company is "thrilled to be named" as the non-profit housing provider on the site.

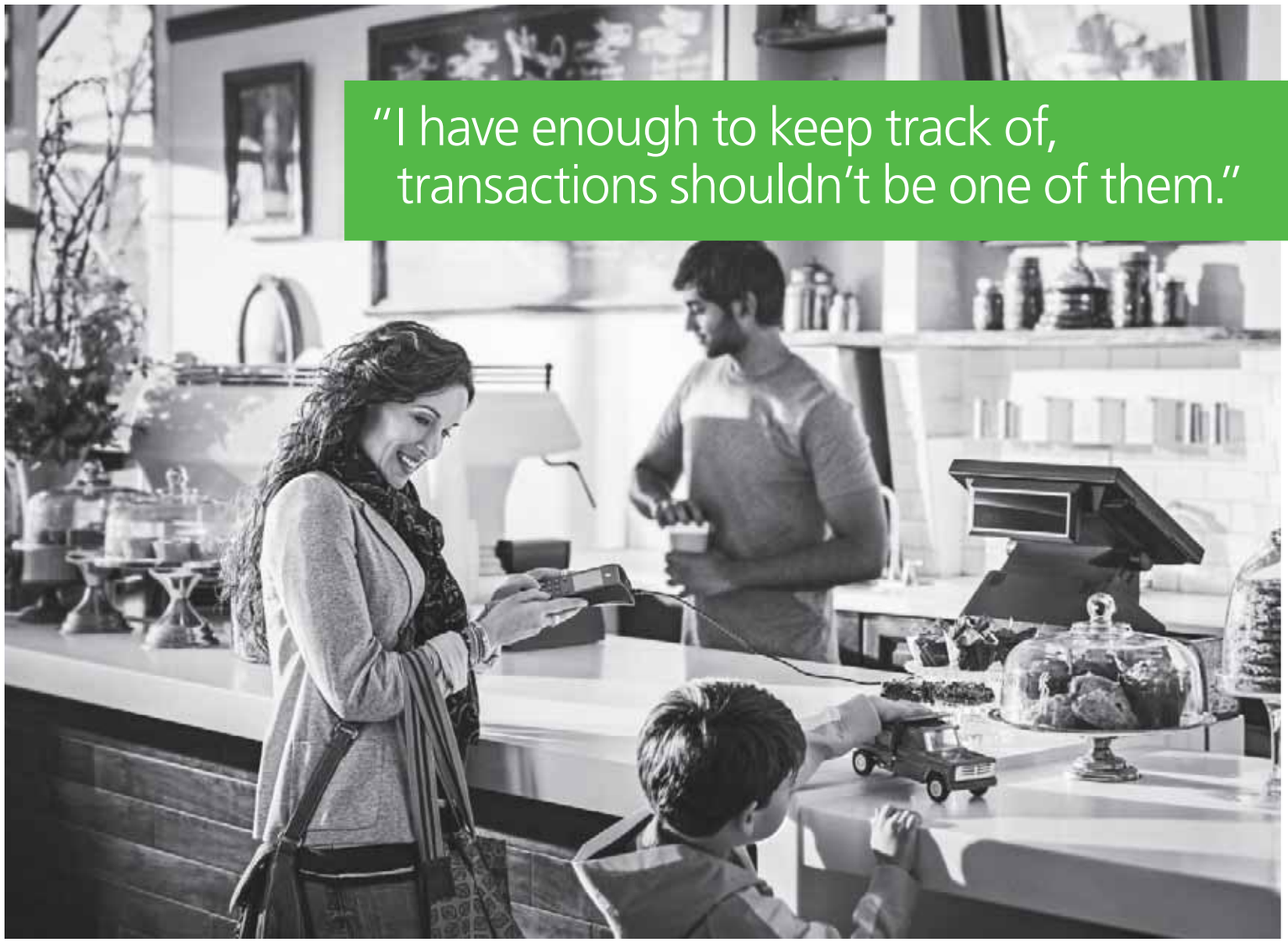
About 1,000 artists are currently waiting for one of Artscape's 105 affordable rental units in the company's existing three rental buildings, Kohn added.

If anything, on-site artists may attract condo sales, said Jim Ritchie, Tridel's senior vice-president of sales and marketing.

"It may not be such a bad thing. Although I don't know if they are all going to be starving (artists)," he quipped.

The project's $26 million capital cost is being covered by an expected $12 million contribution from the federal-provincial Investment in Affordable Housing program and $7 million from the city's development charges reserve fund. Artscape is expected to take out a mortgage for the remaining $7 million and recoup the cost through rent.

TORSTAR NEWS SERVICE



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Chief of defence claims military knows location of kidnapped girls

Abuja, Nigeria. Military official won't elaborate on location of students, suggests using force to rescue them will result in their deaths

Nigeria's chief of defence, Air Marshal Alex Barde, centre, speaks in Abuja, Nigeria, Monday during a demonstration calling on the government to rescue the girls kidnapped from a government school. GBENGA OLAMIKAN/THE ASSOCIATED PRESS

Nigeria's military has located nearly 300 schoolgirls abducted by Islamic extremist group Boko Haram, but fears using force to try to free them could get them killed, the country's chief of defence said Monday.

Air Marshal Alex Barde told demonstrators that Nigerian troops can save the girls. But he added, "We can't go and kill our girls in the name of trying to get them back."

He spoke to thousands of demonstrators who marched to Defence Ministry headquarters in Abuja, the capital. Many were brought in on buses, indicating it was an organized event.

Asked by reporters where they had found the girls, Barde refused to elaborate.

"We want our girls back. I can tell you we can do it. Our military can do it. But where they are held, can we go with force?" he asked the crowd.

People roared back, "No!"

"If we go with force what will happen?" he asked.

"They will die," the demonstrators said.

"Nobody should come and say the Nigerian military does not know what it is doing. We know what we are doing," Barde insisted.

Nigeria's military and government have faced national and international outrage over their failure to rescue the girls seized by Boko Haram militants from a remote northeastern school six weeks ago.

President Goodluck Jonathan was forced this month to accept international help. American planes have been searching for the girls. Britain, France, Israel and other countries have sent experts in surveillance and hostage negotiation. Jonathan's reluctance to accept help for weeks is seen as unwillingness to have outsiders looking in on what is considered a corrupt force. THE ASSOCIATED PRESS

Air travel

Attention, passengers: The government has turned off the no-iPad sign

For tech-savvy travellers, flying the Canadian skies is about to get a bit friendlier.

The federal government is changing regulations to permit the use of video games, tablets, computers and cameras at any time during a flight, including during takeoff and landing, Transport Minister Lisa Raitt said Monday.

"We're going to be allowing passengers to use portable electronic devices during takeoff, ascent, descent and landing, provide that the airlines have met certain safety conditions," Raitt told a news conference at the Ottawa airport.

Travellers still won't be allowed to use cellphones or access Wi-Fi, since such activity can interfere with aircraft systems, she added.

But as long as a device is in "airplane mode" and unable to send or receive a signal, its use will be permitted — a change Raitt said is meant to strike a balance between safety and comfort. THE CANADIAN PRESS

Lawsuit. Woman alleges RCMP officers pulled her from shower, left her nude

A Manitoba woman is suing six RCMP officers, claiming they pulled her from a shower and left her shivering and naked in her kitchen during a search of her home.

The woman alleges in a lawsuit filed last week that the September 2012 incident has left her with post-traumatic stress disorder, fear of being alone and a fear of showering, as well as emotional trauma.

The lawsuit alleges the woman was taken from her main-floor bathroom shower during the mid-morning raid and kept in custody, without any clothing, in the kitchen while police searched her home.

"The plaintiff was kept in the kitchen without access to covers for a period of time," the statement of claim says. "The plaintiff began hyperventilating and experiencing shock-like symptoms."

It claims the woman, who works as a hospital medical technician, was eventually taken to hospital in an ambulance. She is seeking unspecified damages, including punitive damages and costs.

Quoted

"The plaintiff began hyperventilating and experiencing shock-like symptoms."

Statement of claim from Manitoba woman, who alleges RCMP officers left her naked in her kitchen while they searched her home

"As a result of the injuries which the plaintiff received from the defendants, the plaintiff has suffered out-of-pocket expenses including loss of wages in an amount to be proven at trial," the lawsuit says.

The lawsuit says Mounties raided the house while executing a search warrant as part of an investigation, but does not elaborate. Daniel Minuk, the woman's lawyer, declined to comment on the lawsuit or its allegations.

Tara Seel, media relations officer with the RCMP, said it would be inappropriate to comment since the matter is now before the courts.

No statement of defence has been filed. The woman's claims have not been proven in court. THE CANADIAN PRESS

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Baird says Turks and Caicos dream will remain just that

No 11th province.
Though islands' premier says he's not closing the door on joining Canada, Foreign Affairs says it's not in the cards

The premier of Turks and Caicos is leaving the door open to the prospect of his country joining Canada, even though he has opposed the idea in the past.

But Foreign Affairs Minister John Baird suggested Monday that Canadians are dreaming if they think they'll have a province in the Caribbean any time soon.

Turks and Caicos Premier Rufus Ewing met Prime Minister Stephen Harper in Ottawa, where he says the two leaders spoke about exploring a more formal relationship.

Cruisegoers enjoy the beach at the Grand Turk Cruise Terminal in Grand Turk, Turks and Caicos. Turks and Caicos Premier Rufus Ewing met with Prime Minister Stephen Harper in Ottawa Monday. THE ASSOCIATED PRESS FILE

Ewing described the meeting as a "courtship," but said the pair did not discuss the possibility of Turks and Caicos becoming Canada's 11th province.

The idea, however, is not out of the question, Ewing suggested during a news conference following the meeting.

"It is not of my mandate to close the door," he said.

"It is my mandate to see Turks and Caicos have sustainable economic growth and development and development of our people ... and we look to Canada, who has shown by example of being a very strong democracy."

Even creating closer ties is a long shot, said Baird: The Harper government is not exploring a stronger relationship, let alone considering a plan to annex the British colonial territory.

"We're not in the business of annexing islands in the Caribbean to be part of Canada, so that's not something that we're exploring," said Baird.

"We're not looking at any sort of formal association with the islands."

Premier Rufus Ewing
THE CANADIAN PRESS

Conservative MP Peter Goldring has been pushing the idea for over a decade.

Canada enjoyed strong economic ties with Turks and Caicos in the 1800s, largely through the salt trade.

More recently, however, the 40-island nation has relied more on the tourist trade and its open banking system for the economic well-being of its roughly 30,000 inhabitants.

Turks and Caicos is currently a British territory with an elected legislature.

THE CANADIAN PRESS

No apology from Harper

Lawsuit against PMO proceeding

The National Council of Canadian Muslims is proceeding with a lawsuit against Prime Minister Stephen Harper and his chief spokesman for a comment it says linked the organization to a terrorist group.

The group is filing a statement of claim in Ontario Superior Court after failing to get an apology from the Prime Minister's Office for the January remark. THE CANADIAN PRESS

2010 Gaza incident

Turkey orders arrest of Israeli commanders

A Turkish court on Monday ordered the arrests of four former Israeli military commanders being tried in absentia over the killing of nine people aboard a Turkish aid ship that tried to break a Gaza blockade, Turkey's state-run news agency reported. THE ASSOCIATED PRESS

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London mayor. Fontana pleads not guilty to three fraud charges

Joe Fontana THE CANADIAN PRESS

The mayor of London, Ont., admits that as a member of Parliament he altered a contract that he submitted for expenses, but the $1,700 the government paid out was not for his son's wedding, his lawyer said Monday.

Joe Fontana, who has refused to step down as mayor while his case is before the courts, pleaded not guilty to fraud, uttering a forged document and breach of trust by a public official on the first day of his trial.

The Crown alleges Fontana wrote a $1,700 cheque as a deposit for his son's 2005 wedding reception at the Marconi Club in London, then submitted a claim for government expenses along with a "significantly altered" version of the contract that secured the club as the wedding venue.

Among the alterations were changing the date of the event from June 25, 2005, to Feb. 25, 2004, the word "wedding" to "reception" on the contract under the section for purpose of the event, the addition of a yellow sticky note saying "misc constituents reception" as well as the word "original" added in blue ink.

Fontana's lawyer, Gord Cudmore, said his client admits making those changes, but what is at issue in the trial is the purpose of the $1,700 cheque.

"You will find in the course of the evidence called it is the position of the defence that the cheque had nothing whatsoever to do with the wedding." THE CANADIAN PRESS

Officers direct mother duck through downtown traffic

Court security officer Mike Rivard and police constable Doug Pain try to convince a mother duck to continue leading her ducklings across a busy downtown street in London, Ont., on Monday.
DAVE CHIDLEY/THE CANADIAN PRESS

European Parliament election. Euroskeptic rise muddles EU future

Euroskeptics celebrated across the continent on Monday, from Britain to France and beyond, over their unmatched success in the European Parliament election. Now they are keen to put up internal borders again, keep foreigners out of their labour markets, abolish the common euro currency and let their nations go it alone in a globalized world.

The 28 European Union leaders meeting in Tuesday's postelection summit have a different task: making sure the surge of anti-EU and anti-establishment parties that claimed almost 30 per cent of the EU's 751-seat legislature doesn't dislodge the 64-year project of closer co-operation between European nations.

They will also need to look for a way to reconnect with an ever more disenchanted European electorate that stayed away from the polls in massive numbers — and cast plenty of protest votes when they did show up.

Trust in political leadership "is going down dramatically," EU Commission President Jose Manuel Barroso acknowledged Monday in Sintra, Portugal.

British Prime Minister David Cameron, faced with the rise of the Euroskeptic UK Independence Party at home, struck a similar note, saying nothing will be business-as-usual anymore.

"People are deeply disillusioned with the European Union," Cameron said Monday after Nigel Farage's UKIP came out on top in Britain and was slated to win 24 EU seats, compared to 19 for Cameron's Conservatives.

The British leader who has been calling on the EU to drastically reform its ways and institutions to give member nations more space to run their own affairs will be a key figure at Tuesday's summit.

Voters "want change and as far as I am concerned that message is completely received and understood," Cameron said. THE ASSOCIATED PRESS

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Thai coup leader warns citizens against protests

Royal endorsement. Thailand's king endorsed its military chief to run the country and called for 'reconciliation'

Gen. Prayuth Chan-ocha speaks at his first press conference since Thursday's coup on Monday in Bangkok. SAKCHAI LALIT/THE ASSOCIATED PRESS

Bolstered by an endorsement from Thailand's king, the nation's new military ruler issued a warning Monday to anyone opposed to last week's coup: don't cause trouble, don't criticize, don't protest — or else the nation could revert to the "old days" of turmoil and violence.

Gen. Prayuth Chan-ocha defended the army's takeover, saying he had to restore order after seven months of increasingly violent confrontations between the now-ousted government and demonstrators.

"Everyone must help me," said Prayuth, adding: "do not criticize, do not create new problems. It's no use."

The words came as an aide to former Prime Minister Yingluck Shinawatra said she had been released Monday from military custody after being held for three days.

Earlier Monday, a royal command sent in the name of King Bhumibol Adulyadej officially endorsed Prayuth to run the country and called for "reconciliation among the people."

The endorsement is a formality, but in a country where the king's word is supreme, it is one that carries enormous weight.

Thursday's coup deposed an elected government that insisted for months that the nation's fragile democracy was under attack from protesters, the courts, and the army.

THE ASSOCIATED PRESS

Fatal train collision in India kills 40

Officials and rescuers stand near the wreckage after the Gorakhpur Express passenger train slammed into a parked freight train near Basti, in India's Uttar Pradesh state, on Monday. The express train plowed into a parked freight train, killing at least 40 people and reducing cars to heaps of torn and twisted metal, officials said. THE ASSOCIATED PRESS

Don't hold your breath

Man crashes after fainting in tunnel

Police say a 19-year-old man caused a three-car crash when he fainted while holding his breath as he drove through a tunnel in Oregon.

Daniel J. Calhon told investigators he fainted Sunday afternoon while holding his breath in the Highway 26 tunnel near the community of Manning. His car, a Toyota Camry, crashed head-on with a Ford Explorer.

Both vehicles struck the tunnel walls before a pickup hit the Camry. Four people suffered non-life-threatening injuries. Police say Calhon has been cited for reckless driving, reckless endangerment and fourth-degree assault.

Some people hold their breaths in tunnels as part of a game or superstition.

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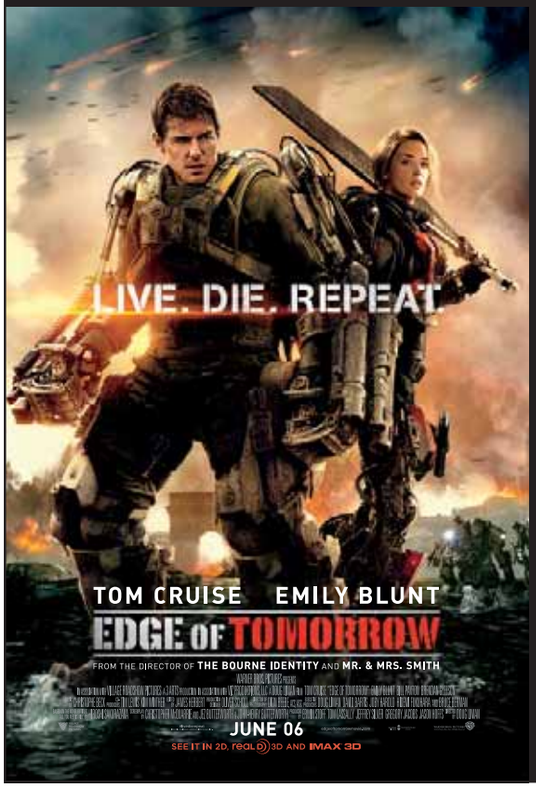
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New York. Hacker helped FBI thwart cyberattacks, court papers show

A prolific computer hacker who infiltrated the servers of major corporations later switched sides and helped the U.S. government disrupt hundreds of cyberattacks on Congress, NASA and other sensitive targets, according to federal prosecutors.

New York prosecutors detailed the co-operation of Hector Xavier Monsegur for the first time in court papers while asking a judge for leniency at his sentencing Tuesday. They credited Monsegur with helping them cripple Anonymous, the notorious crew of hacktivists who stole confidential information, defaced websites and temporarily put some victims out of business.

Working around the clock with FBI agents at his side, Monsegur "provided, in real time, information about then-ongoing computer hacks and vulnerabilities in significant computer systems," prosecutors wrote.

The FBI estimates he helped detect at least 300 separate hacks, preventing millions of dollars in losses, they added.

THE ASSOCIATED PRESS

Background

Court papers say Monsegur first began hacking in a Manhattan apartment in the early 2000s. His aim then was to steal credit card information, then sell it or use it to pay his own bills.

- Starting in early 2011 and using the alias Sabu, Monsegur led an Anonymous splinter group called Lulz Security, or LulzSec, which hacked computer systems of Fox TV, Nintendo and PayPal.
- Monsegur said he joined Anonymous because he was upset over the arrest of WikiLeaks founder Julian Assange.

Pope ends visit to Holy Land balancing prayer and politics

Pope Francis holds an envelope as he prays at the Western Wall, the holiest place where Jews can pray, in the Old City of Jerusalem, Israel, Monday.

COURTESY OSSERVATORE ROMANO/THE ASSOCIATED PRESS

The image Vatican hopes will define trip.

Roman Catholic Church leader embraces rabbi and Muslim in front of the Western Wall

Pope Francis wrapped up his Mideast pilgrimage Monday with a balancing act of symbolic and spontaneous gestures to press his call for peace between Israel and the Palestinians and friendship between Jews and Muslims in the land of Jesus' birth.

A day after he prayed at Israel's security barrier surrounding Bethlehem, Francis honoured Holocaust victims by kissing the hands of several survivors, and accepted Israeli Prime Minister Benjamin Netanyahu's request to pray at a memorial to victims of suicide bombings and other attacks.

After visiting the Dome of the Rock, Francis prayed at the Western Wall, leaving a hand-written note with the "Our Father" prayer written in his native Spanish in between the cracks of stone.

When he finished, a visibly emotional Francis embraced Rabbi Abraham Skorka and Omar Abboud, a leader of Argentina's Muslim community, both of whom joined Francis on his official delegation in a potent symbol of interfaith friendship.

The atmosphere was starkly different in Francis' one-on-one with Netanyahu, who lauded Israel's treatment of Christians and defended its West Bank separation barrier.

THE ASSOCIATED PRESS

Awkward moment

"He spoke Aramaic, and he also knew Hebrew."

Israeli Prime Minister Benjamin Netanyahu at an awkward moment in a one-on-one chat with Pope Francis, insisting that Jesus spoke Hebrew. "He was speaking Aramaic," the Pope replied with a smile.

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Ukraine's new leader vows talks with east

More conflict. Kyiv launches airstrike after rebels occupy airport

Pro-Russian insurgents with weapons arrive near the airport outside Donetsk, Ukraine, Monday. Ukraine's military launched airstrikes Monday against the separatists who had taken over the airport in the eastern city of Donetsk, suggesting that fighting in the east is far from over. VADIM GHIRDA/THE ASSOCIATED PRESS

Ukraine's president-elect said Monday he wants to begin talks with Moscow and end a pro-Russia insurgency in the east, but the rebels escalated the conflict by occupying a major airport, and the government in Kyiv responded with an airstrike.

As darkness fell in Donetsk, a city of about 1 million, it was unclear who was in control of the airport. Hundreds of fighters of the separatist Donetsk People's Republic had been brought by trucks to a wooded area on the fringes of the airport, many of them armed with rocket-propelled grenade launchers and automatic rifles. At least one warplane streaked over the city, firing flares.

The rebels, who declared independence for Donetsk and the neighbouring Luhansk region after a hastily called and dubious referendum two weeks ago, regarded Sunday's election of candy tycoon Petro Poroshenko as president to be illegitimate.

In a victory speech, the billionaire promised to open a dialogue with residents of eastern Ukraine and to guarantee their rights. The rebels and many others in the region say they fear the February ouster of pro-Moscow President Viktor Yanukovych will lead to the repression of its predominantly Russian-speaking population by Ukrainian nationalists.

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Special on gyms, aisle 1

Fitting in fitness.
You can work on your six-pack for free, and pick up a six-pack, at one Albany, N.Y., grocery store

A grocery store in Albany, N.Y., offers a free gym open to anyone, just past the pharmacy. MIKE GROLL/THE ASSOCIATED PRESS

When Ann Lawson strolls into her neighbourhood grocery store, she really gets a workout.

That's because her Hannaford supermarket has a small gym located just past the pharmacy counter. It has treadmills, stationary bicycles, various other cardio machines, even a state-of-the-art Zumba room with a shiny wooden floor.

And best of all, it's free.

"It's about me getting healthy and losing some of this excess weight," Lawson said. "And I like the idea of being able to work out and shop in one trip."

Maine-based Hannaford insists the 5,600-square-foot health facility that opened in October is not part of some shrewd marketing campaign. The Albany, N.Y., store is the only one in the 184-store chain with such a gym, and there are no plans for more.

The idea grew out of a meeting last summer between Hannaford, the local YMCA and the health-care provider Capital District Physicians' Health Plan. All said their goal was to come up with something to improve the area's health while also being convenient, accessible and free. THE ASSOCIATED PRESS

Market Minute

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BUT WHICH BRO ARE YOU, BRO?

SHE SAYS

Jessica Napier
metronews.ca

The world of online dating is a wondrous novelty to me. I'm not sure if I would have ended up with my own significant other — whom I met unromantically, at a bar — if I had relied on a digital matchmaking service that allows you to filter potential partners by age, race, religion, geography, height, body type and annual income.

Sophisticated algorithms might help users narrow down their search, but we all know that a carefully selected profile photo can make or break your chances of finding a date. Some sites such as Match.com and eHarmony allow users to post an entire catalogue of images, while popular matchmaking app Tinder limits users to just five well-chosen snapshots.

I spent the weekend scrolling through profiles on various digital dating services with a few of my single girlfriends — in the name of research, of course — to find out what influences a woman's decision to swipe right and say yes to a date. In the course of this exceedingly important investigation, I discovered there are numerous things that make women cringe when it comes to first-impression photos.

The top five things all the single ladies really don't want to see on your profile:

• **Your ex:** It's perplexing to see how many men think posting a romantic vacation photo with their ex-girlfriend might help them snag a date. I don't care if you look incredibly handsome in that picture in front of the Eiffel Tower; coupled-up images suggest you are still invested in your previous relationship or have absolutely no idea how to upload new content to the Internet.

• **Group shots:** We get it, you love your bros. You have so many bros, but which bro are you, bro? Dating websites feature thousands of men; your individual profile should be about you and not your posse of pals. Stick to solo images to avoid confusion.

• **Photos of your stuff:** Most women aren't looking to date your motorcycle or your dog and if they are, well they probably still want to see YOU posing with your prized possessions. Uploading standalone images of your condo interior won't help you turn that bachelor pad into a love nest any time soon.

• **Bicep snaps:** It can be hard to find a good collection of recent pictures of yourself, but please stop with the not-so-discrete snapshots of you flexing at the gym. According to a survey by dating website Zoosk, a man is 19 per cent more likely to receive a message from a woman if he posts an image of himself doing something outdoors. So step away from the mirror and get outside.

• **Archival images:** It doesn't take a detective to figure out that a 36-year-old man who uploads a snapshot of himself doing a keg stand at a frat party might be stuck in the past. Remember that you're looking for someone to date you, not "20 pounds ago and with way more hair" you. Avoid disappointment by being honest with yourself and potential love interests.

Follow Jessica Napier on Twitter @MetroSheSays

ZOOM

Lali, Lela, Lila, Lulu and Obama

Five Bengal white tiger cubs born on April 25 were unveiled to the public at the White Zoo in Kernhof, Austria, on Monday. RONALD ZAK/THE ASSOCIATED PRESS

Cubs make their grand entrance

A litter of rare tigers made their debut at a zoo in Austria.

According to the zoo, it's the first time five white tiger cubs were born in a single litter in Europe. The four female and one male are all healthy and doing well.

"We are very, very proud and very happy, because they are totally normal, there is nothing wrong (with them)," said zoo director Herbert Eder. WPTV.COM

Rare beauty makes them targets

The cubs' mother, named Burani, was brought to the zoo from Germany three years ago and this is her third litter.

The father, named Samir, has fathered 14 cubs.

Eder says, "They are not hand-tamed, and not together with people; they are together with their mother."

The white tigers' unique colour means they're targeted by poachers and nearly extinct in the wild. WPTV.COM

By the numbers

500

There are only a small quantity of white tigers in existence and the current population is estimated at approximately 500. With the inevitable inbreeding problems, a debate continually rages over the wisdom of breeding this animal.

SOURCE: INDIANTIGER.ORG

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MetroTube

Wicked smart birds!

ANDREW FIFIELD
metronews.ca

If there's one fun fact we all took away from Jurassic Park, it's that a closed door would be no match for those crafty velociraptors. "Life finds a way," is how a great man put it.

Smash cut to a few million years later, and we find things haven't changed a whole lot. These clever swallows, residents of the University of Victoria's Campus Bike Centre, are doing their much larger ancestors proud by laughing at our obstacle-based achievements and the motion sensors that guard them.
(Via Grant Hughes/YouTube)

ISTOCK PHOTO

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DVD review

Super Duper Alice Cooper

Directors. Reginald Harkema, Scot McFadyen, Sam Dunn

Stars. Alice Cooper

Fans of original shock rocker Alice Cooper, well served by this loving chronicle by Reginald Harkema, Scot McFadyen and Sam Dunn, may be surprised to learn that the frontman didn't strut fully formed out of a 1970s gateway from hell.

First he was art nerd Vince Furnier, a preacher's son from Arizona, who got his stage name from a Ouija board and band outfits from the Ice Capades.

The doc's funniest moments chronicle his early days, including his performance epiphany in Detroit, his actual birthplace, where he feels audiences first really got his band's blend of music and Grand Guignol theatre: garish eye makeup, faked onstage executions, dead baby dolls and other plastic cadavers strewn about.

Extras include deleted scenes and rarely seen concert footage. **PETER HOWELL**

See that symbol? It means you can scan the photo below with your Metro News app. Charlize Theron takes aim at a few targets!

Charlize Theron risks it all for a Million Ways to Die

Wild, wild western. The Oscar winner risked life and limb to bring Seth MacFarlane's spoof A Million Ways to Die in the West to life, but was it worth it?

NED EHRBAR
Metro World News in Hollywood

Anna (Charlize Theron) and Albert (Seth MacFarlane) try not to die at the fair in A Million Ways to Die in the West, the new comedy from director, producer and co-writer MacFarlane. UNIVERSAL PICTURES

While you might think Seth MacFarlane had to chase down Charlize Theron to convince her to co-star in his cowboy comedy, A Million Ways to Die in the West, the Oscar-winning actress insists it was the other way around.

"I got to read this pretty early on," she says of the script for the film, which skewers old-fashioned westerns and life on the frontier.

"Just the idea of doing something that's pitched in this very unusual way of a comedy-western situation and him at the helm of that, that to me was very intriguing. So I definitely did some chasing."

But a few weeks on location in New Mexico, risking life and limb, quickly had Theron rethinking her decision.

"Look, it's a gorgeous place. I understand why you want to paint it. I would want to paint it. I don't necessarily want to go and shoot in it again. It's just like the weather was unbelievable. I felt like it was like biblical times, and we were all going to die a horrible death by weather," she says.

"I mean, there was a night where we shot, and Seth left before me. I got a text from him that literally just said, 'The road is washing away! Get out of your trailer right now and start driving!' And I was like, 'I'm going to die on this movie.'"

Of course, all that risking life and limb can help bring a cast together, and Theron is particularly fond of her co-stars on this one, including MacFarlane, Neil Patrick Harris, Giovanni Ribisi, Sarah Silverman and Amanda Seyfried.

"There really wasn't a bad apple in the bunch. It really was just a bunch of great people together having fun, working hard, there for the right reasons, wanting to make the movie the best they possibly could," Theron says.

"We laughed a lot, and drank a lot, and almost died together a lot. So we are bonded for life."

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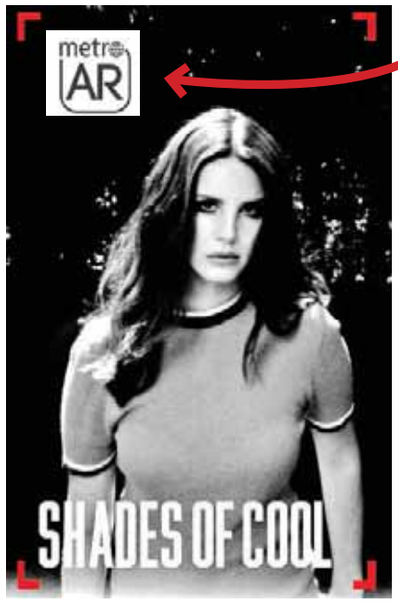
See that symbol? It means you can scan this image with your Metro News app to listen to Lana Del Rey's new single Shades of Cool.



A lighter shade of Lana

Lana Del Rey has just released the second single from her new album Ultraviolence, which is slated for release on June 16. The breathy single, Shades of Cool, was written by Rick Nowels, with whom the singer collaborated on the tracks Summertime Sadness and Young and Beautiful from her previous album. Ultraviolence was produced by Black Keys singer Dan Auerbach. "We bumped heads a little bit," Auerbach confided in the magazine MOJO. "But at the end of the day we were dancing to the songs." AFP

Global box office

Frozen becomes fifth highest-grossing film in box office history

Since its release in November 2013, Disney's seasonal animated feature Frozen has brought in over $1.219 billion at theatres worldwide, placing it ahead of Iron Man 3 in the ranking of the most lucrative global blockbusters. Iron Man 3 grossed $1.215 billion during its run in theatres.

At the top of the worldwide box-office podium are Avatar ($2.7 billion), Titanic ($1.8 billion), The Avengers ($1.5 billion) and Harry Potter and the Deathly Hallows: Part 2 ($1.3 billion). AFP

Frozen has become Disney's highest-grossing feature. DISNEY

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Time: Official Opening Ceremony – 9:00-9:30 a.m.
– Chief Guest Mayor Susan Fennell
Games begin at 9:30 a.m.
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James Franco ALL PHOTOS GETTY IMAGES

Franco, my dear, perhaps your dates don't give a tweet

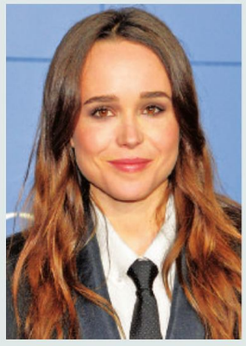
Dating didn't apparently come easy to James Franco, as the Palo Alto star admits high school was a bit rough. "I wasn't the best socializer," Franco says. "I was shy, but I had a girlfriend named Jasmine my last two years. I was lucky to have someone who stuck around like that. I was a little confused and mixed up when it came to dating." And when it comes to dating today, with the help of social media and mobile technology? "You get to know someone much quicker," he says. "The downside is when people aren't tech savvy and don't express themselves well through digital media." So get with the tweeting, ladies.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Ellen Page's dream man is the Biebs!?



Ellen Page has been having some weird dreams, she tells Conan O'Brien during an interview. "My anxiety dreams tend to always relate to pubic hair," Page says. "So I'll be, like, on stage getting ready to act, and I'm just in my underwear, and I just look down and it might as well be an old man's beard or something. Or I'll be topless and it will be up to my (chest). Like a reverse hairy chest." But her dreams haven't all been anxiety-inducing. For instance, there was one about Justin Bieber that she actually enjoyed. "We were in his, like, childhood home in Canada, just hanging out, and his mom came home with takeout from Ikea, and we were like, 'Yeah!'" Page explains. "We were stoked. We were like, 'Yes, our favourite!'" For the record, Page has never actually met Bieber.

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LIFE 3

Fill avocado to the very top

It's a fruit but tastes like a vegetable and is a "good" fat.
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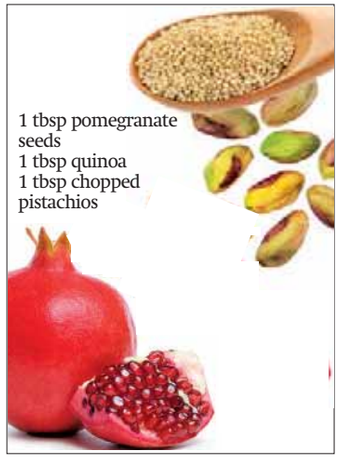
Double up on the goodness by trying one (or all) of these eight wholesome fillings.

ROMINA MCGUINNESS Metro World News in London

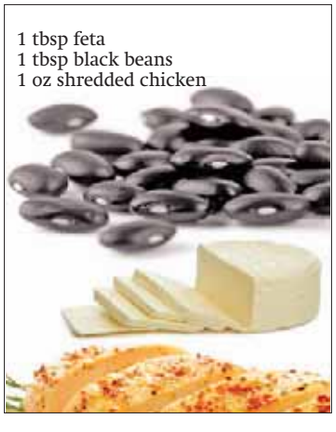
1 fried egg
1/4 tsp chili flakes
1 tsp bacon bits

2 tbsp blueberries
1 tbsp yogurt
1 tsp honey



1 tbsp pomegranate seeds
1 tbsp quinoa
1 tbsp chopped pistachios

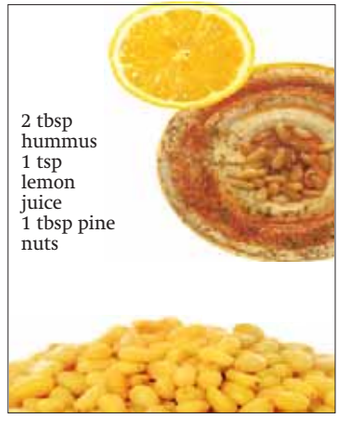
2 tbsp brown rice
1 tsp mustard seeds
1 tsp eggplant



1 tbsp feta
1 tbsp black beans
1 oz shredded chicken

1 tbsp coconut yogurt
1 tbsp almond flakes
1 tbsp dried figs

1 tbsp chocolate chips
1 tbsp mashed banana
1 tbsp cottage cheese



2 tbsp hummus
1 tsp lemon juice
1 tbsp pine nuts

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Ways to bite into health

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

Fitness trainers stress the importance of varying your workout routine to get better results. The same holds true for your diet. By swapping your favourite healthy foods for new choices, you could reap the rewards even wider array of vital nutrients for a healthier body. In the latest issue of Best Health, Canada's healthy lifestyle magazine for women, registered dietitian Matthew Kadey found some inspiring alternatives to shake up your daily meals.

Like green tea? Try matcha. It is made by lightly steaming tea leaves, air-drying them and then stone-grinding them into a fine green powder. Matcha's been billed as more powerful than regular green tea because you are consuming the entire leaf instead of steeping the leaves and then discarding them. You benefit from a huge dose of green tea's age-avenging antioxidants. A 2003 University of Colorado study found matcha contains up to 137 times more antioxidants than traditional green tea.

Like whole-wheat flour? Try almond flour. Among the growing legion of gluten-free choices, it outdoes whole-wheat flour in several areas, including having nearly 50 times as much heart-healthy monounsaturated fat, about 33 per cent more protein and seven times higher levels of vitamin E (this antioxidant has been linked to better brain functioning and improved hearing).

Like baked potato chips? Try baked sweet potato chips. These are several times richer in beta-carotene than their potato counterparts. Studies show beta-carotene can help lower the risk of uterus and breast cancers. Scientists believe it behaves as an antioxidant, helping to prevent cell damage that can spiral into cancer. Sweet-potato chips will also give you between one and four more grams of fibre, making them a satisfying snack.

FOR MORE HEALTHY FOOD SWAPS, SEE THE WHOLE ARTICLE IN THE MAY ISSUE OF BEST HEALTH, ON NEWSSTANDS NOW. OR YOU CAN SUBSCRIBE AT BESTHEALTHMAG.CA. WE ALSO HAVE AN AWARD-WINNING IPAD EDITION.

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New Smoke-Free Areas in City Parks

Whether you play sports, spend time at a swimming beach or watch Shakespeare in the park, you're now protected from exposure to second-hand smoke by a municipal bylaw.

The following outdoor spaces in City parks are now smoke-free:

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- Theatre spaces
- Swimming beaches
- Waiting areas or service lines

For more information about smoking bylaws, second-hand smoke and resources to quit smoking, call 311 or visit toronto.ca/health.

Cigarette butts are toxic and release harmful toxins into the ground and our water supply. If you smoke, please don't litter cigarette butts.

TORONTO

Call 3-1-1

It's college graduation season, which means that celebrities are donning their caps and gowns to deliver words of wisdom to the Class of 2014. We've compiled some of the best advice from this year's celebrity commencement speeches.

LAKSHMI GANDHI
Metro World News

Grad advice from 5 celeb speakers

Puff Daddy

The rapper spent two years studying business at Washington, D.C.'s Howard University before dropping out. He returned to campus this spring to receive an honorary doctorate. "Howard University didn't just change my life — it entered my soul, my heart, my being and my spirit. Nobody is going to invite you to the front of the line, you got to push your way to the front of the line," he told graduates according to the New York Daily News.

Jimmy Page

Addressing graduates at Boston's Berklee College of Music, the former Led Zeppelin guitarist reflected on his musical journey. "I'm sort of self-taught," USA Today reports he told them. "I learned from records and trying to interpret playing my guitar heroes from there. Along the way, I became a session musician. ... I had to go in and have enough discipline to play — because, boy, if you made mistakes, you wouldn't be seen again."

George Stephanopolous

The Good Morning America anchor urged Franklin & Marshall College graduates to not let fears about the economy or the job market stand in the way of their dreams. "Try not to let the search for security stop you from doing work that stirs you up, the kind of work you think about even when you're off the clock, the kind of work that you would do even if you weren't paid," Stephanopolous told the audience.

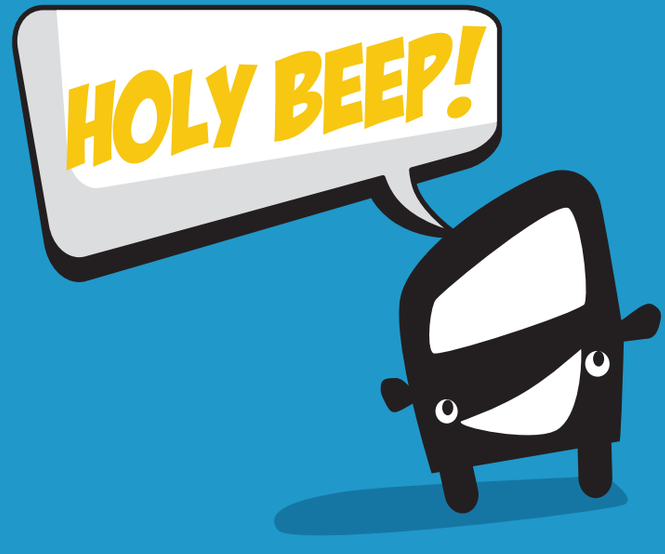
Sheryl Sandberg

The Lean In: Women, Work, and the Will to Lead author's address at the City Colleges of Chicago stressed the importance of ambition and developing strong leadership skills. "Don't lean back ... lean in. The fact that you made this dream come true means you should be more ambitious," Facebook's Chief Operating Officer said. "This is only a start. Dream bigger — both for yourself and the world around you."

Jay Leno

The recently retired Tonight Show host was among the celebs who returned to his alma mater to deliver his commencement speech. He gave Emerson College graduates a speech about working in show business, stressing the importance of hard work and dedication to one's craft. "Work hard," the comedian famed for his work ethic urged the class of 2014. "Remember, anybody can have a life. Careers are hard to come by."

What? Ontario car insurance rates have dropped?



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Chic charcuterie club

Life as a carnivore.
Boxed meat startup aims to deliver the best you can eat

TAKARA SMALL
Metro News in Toronto
@takarasmall

Never go meatless again with Carnivore Club. The startup delivers high-end meat straight to your door every month for $50. CONTRIBUTED

Expensive cured meats from around the world don't immediately spring to mind when considering the subscription-box options on offer in the city. But that will change if entrepreneur Tim Ray gets his way.

Ray co-founded Toronto-based company Carnivore Club (carnivoreclub.co) in November 2013, and he wants to put charcuterie, terrines and jerky on the map.

The startup ships a range of cured meats to customers for $50 a month. Each box will contain a different selection of meat from South Africa to Portugal to the U.S. and everywhere in between.

For those looking for quality meat but unable to make it to the local butcher on a regular basis, the wait is over.

Not everyone is happy about Carnivore Club, however. For some vegans and vegetarians, the idea of a company dedicated solely to shipping meat across the country is ghastly.

"Vegans/vegetarians are definitely not fans of us. Anyone can see that from looking at the comments on our blogTO story or our YouTube video," says Ray. "People can be harsh but I welcome passionate discussion. It's good to see people fired up about what they're eating, or not eating."

The company's marketing materials include an in-your-face T-shirt with "Your girlfriend digs my meat" splashed across the back, and other promotional items that say: "Man was made to eat meat."

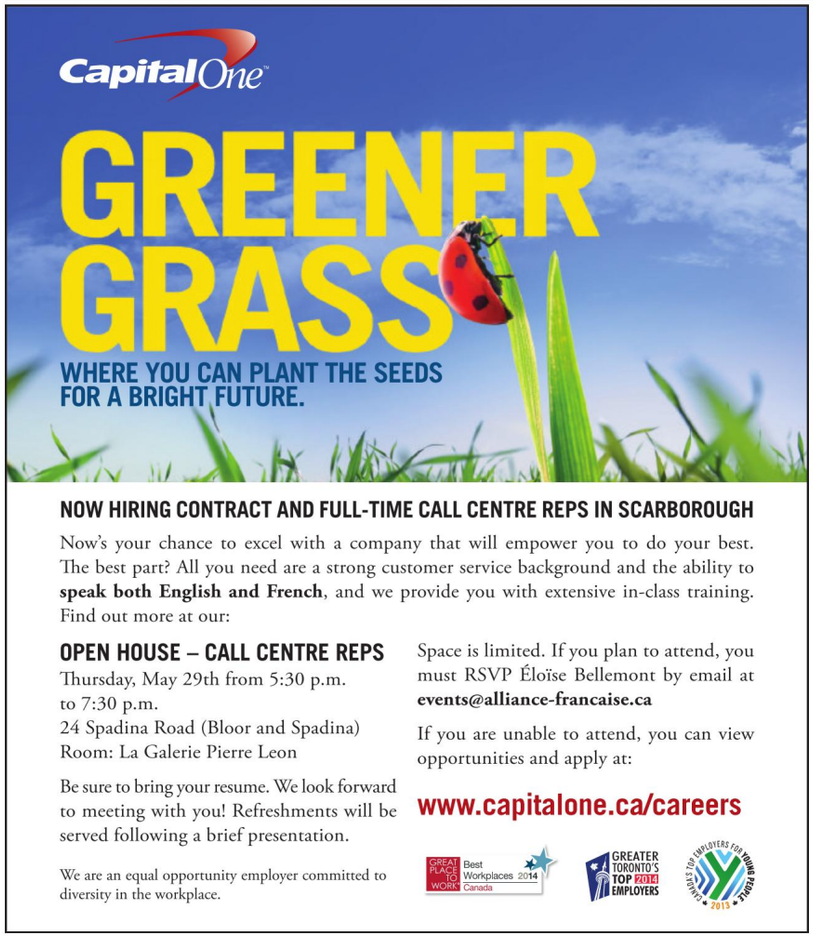
However, the marketing is only a small part of what the company is all about, says Ray. "My motivation for creating Carnivore Club was twofold. First, I wanted to match technology-averse artisans with affluent customers who would enjoy their product," he says. "Second, I wanted to create a fun, cool brand with a cult following for an enthusiastic, passionate group of customers."

The company will make its debut on Dragons' Den in hopes of landing a deal with the show's investors. Ray, who always knew he wanted to start his own business, is comfortable with the prospect of being in the limelight.

"I've always been entrepreneurial. When I was 21, I listed 30 things to accomplish by 30 ... a bucket list. Being a full-time entrepreneur was at the top of the list," says Ray.

Cooking with Carnivore

To see a slideshow of Carnivore Club's previous boxes, and learn how to cook with the boxes' contents, visit metronews.ca/voices/mom-and-pop-shops.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A pinch of sun-dried tomatoes adds a punch of 'kapow' to steak

Health Solutions

Wake up the palate and eat healthy, too

NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Sun-dried tomatoes came into their own in the '80s but they remain a killer ingredient for a reason.

They have an intense taste that wakes up the palate but they also bring with them the nutrients that a tomato is famous for.

Lycopene is an anti-oxidant best known for its suspected role in helping prevent prostate cancer.

But it's also been studied for its help in preventing or treating inflammation, age-related eye disease and lung conditions. Buying the tomatoes desiccated and packaged on their own is your healthiest option; they simply require plumping in hot water for 30 minutes or so before use.

The easiest choice though is to buy them in oil, drain and chop them into salads, on pizza, into any Mediterranean rice or pasta dish.

Don't toss the oil that the tomatoes come in, though! It is highly flavoured and ready to be used in salad dressings or bread dips.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

THERESA ALBERT
myfriendinfood.com

FLASH FOOD

From your fridge to your table in 30 minutes or less

I find grilled steak kind of one-dimensional and in want of a punch. This drizzle adds moisture and a left hook of flavour that is a knockout.

Mixing together the primary ingredients to use as a marinade pulls double-duty. It protects the meal from creating harmful substances on the grill and adds flavour.

A quick addition of capers and sun-dried tomatoes makes a topping.

1. Mix together oil, vinegar, oregano, garlic, pepper, salt and mustard.

2. Pour half onto steak and rub into both sides, marinate for up to 24 hours in the fridge or 20 minutes on the counter.

3. Preheat grill or grill pan.

4. Grill steak for 2-4 minutes per side over high heat.

5. Meanwhile mix remaining half of oil-and-vinegar mixture with capers and drained sun dried tomatoes.

6. Spoon caper mixture over cooked steak and serve with a side salad. **THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**

This recipe serves six. COURTESY THERESA ALBERT

Ingredients

- 2 tbsp extra virgin olive oil
- 2 tbsp vinegar
- 1 tbsp oregano
- 2 cloves garlic
- 1 tsp fresh ground pepper
- 1/2 tsp kosher salt
- 1/4 cup Dijon mustard
- 4 small striploin steaks
- 1/4 cup capers
- 1/4 cup sun-dried tomatoes, oil-packed

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World Cup

Protesters greet players upon arrival in Brazil

The Brazil squad's preparations for a World Cup on home soil got underway Monday amid chants of protests instead of support.

The players selected by coach Luiz Felipe Scolari reported to the national team as a few hundred demonstrators loudly protested against the money being spent by the local government on the World Cup.

The protesters surrounded the bus carrying the players from their hotel in Rio de Janeiro to the training camp in the mountain city of Teresopolis, about 90 kilometres away.

THE ASSOCIATED PRESS

Brazil coach Luiz Felipe Scolari welcomes Neymar on Monday in Teresopolis, Brazil. GETTY IMAGES

NHL

Trotz lands on his feet in Washington

After missing the playoffs for the first time in seven years, the Washington Capitals hired former Nashville Predators coach Barry Trotz and promoted Brian MacLellan to general manager on Monday.

Trotz was the Predators' coach for 15 seasons before being dropped from the job in April.

THE ASSOCIATED PRESS

Jays shortstop Jose Reyes slides safely into home plate in the first inning against the Tampa Bay Rays on Monday night. NATHAN DENETTE/THE CANADIAN PRESS

Building up steam against Tampa Bay

MLB. With seventh straight win, Blue Jays retain two-game lead on Yankees atop AL East

Edwin Encarnacion kept up his torrid pace this month by belting his 15th home run of the season as the Toronto Blue Jays extended their winning streak to seven games Monday night with a 10-5 victory over the Tampa Bay Rays.

On Monday

Blue Jays	Rays
10	5

Encarnacion had three of Toronto's 15 hits as the American League East's top team maintained their two-game lead on the New York Yankees, who beat St. Louis 6-4 in 12 innings.

Dioner Navarro and Steve Tolleson hit back-to-back homers in the fourth inning for Toronto (30-22). Encarnacion hit a solo shot in the sixth inning for his 13th homer this month, setting a club record for most homers in the month of May.

Drew Hutchison (4-3) worked five innings for the victory in front of 15,616 fans on a warm, muggy evening at Rogers Centre. Canadian Erik Bedard (2-3) shouldered the loss as the Rays' four-game win streak came to an end.

THE CANADIAN PRESS

Edwin chasing Jose

13

Edwin Encarnacion's 13th home run of the month sets a new Jays record for May. Jose Bautista set the previous record for most homers with 12 in May 2010. Bautista holds the club record for most homers in a month with 14 in June 2012.

4 SPORTS

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Using the Metro News app, scan the image to find out which recent Grand Slam tournament winner failed to advance past the French Open's first round.

Rain can't cool red-hot Bouchard on Paris clay

French Open. Fresh off winning her first WTA title, Montrealer makes short work of her first-round foe

Eugenie Bouchard returns a shot during her women's singles match against Shahar Peer at the French Open on Monday in Paris. CLIVE BRUNSKILL/GETTY IMAGES

About the only thing getting between Canadian tennis star Eugenie Bouchard and a berth in the second round of the French Open was the weather.

Bouchard overcame a rain interruption of nearly 90 minutes before finishing off a decisive 6-0, 6-2 win over Israel's Shahar Peer on Tuesday.

The tournament's 18th seed beat Peer for the second time this season and fourth in her career over 58 minutes of actual playing time.

Montreal's Bouchard, the 20-year-old former junior Wimbledon champion, arrived to Roland Garros with her highest career WTA ranking. She moved up to 16th after winning her first WTA title on Saturday, beating Karolina Pliskova in the final of the Nuremberg clay court tournament.

Today the court was actually a bit slower because of the conditions," said Bouchard. "I find the courts here are generally like fast clay courts, so I like them. It's fine for me.

"I'm confident, but I'm usually always confident and believe in myself, and know whenever I walk on the court I always believe I can win the match. But I'm just trying to take it one week at a time. Last week is last week. I have another tournament this week. That's all I'm focused on."

Bouchard had a 3-1 lead in the second set when the weather turned wet. She won the first seven games of the match against Peer, reaching 4-0 in 13 minutes and polishing off the opener in a brisk 27 minutes.

Peer finally won the third game of the second set but was never a threat.

When the pair returned, Bouchard extended her second-set lead to 4-1 and saved a break point for a 5-2 lead before breaking Peer in the final game to advance on a second match point.

Bouchard next plays the winner of a match between Germany's Julia Goerges and Michelle Larcher de Brito of Portugal. THE CANADIAN PRESS

NHL playoffs

Price back on ice, but won't play yet

Injured Montreal Canadiens goaltender Carey Price took a light skate before the team's optional practice on Monday.

The Canadian Olympic team gold medallist has been out with a suspected right knee injury since the second period of Game 1 of the NHL Eastern Conference final.

Carey Price GETTY IMAGES FILE

Price skated for about 20 minutes, without his goaltending equipment, well ahead of the team's optional practice.

He is not expected back until at least the start of the Stanley Cup final.

The Canadiens trail New York 3-1 in the best-of-seven conference final and will attempt to stave off elimination when they play host to the Rangers on Tuesday night.

THE CANADIAN PRESS

NBA playoffs

Ibaka expects to play for Thunder in Game 4 vs. Spurs

So far, so good for Serge Ibaka's comeback.

The Thunder forward said Monday that his strained left calf is feeling fine, and he expects to be able to play Tuesday in Game 4 of the Western Conference final.

Ibaka came back from what was thought to be a season-ending injury to play 30 minutes in Game 3 against San Antonio. He had 15 points, seven rebounds and four blocks to help Oklahoma City beat the Spurs 106-97 Sunday night and trim their deficit in the series to 2-1.

Ibaka said it was a struggle during the game, but he stayed loose and was able to deal with the pain.

"It was kind of hard a little bit with my feet," he said. "I was using more my right foot than left foot. I could not do too much last night. After we saw the video, I felt like I was slow."

THE ASSOCIATED PRESS

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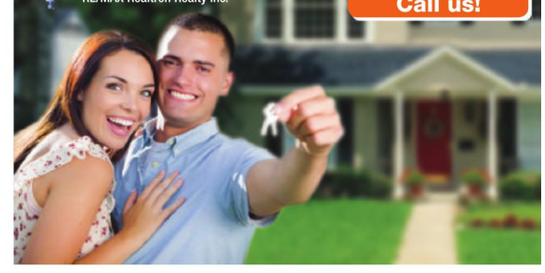

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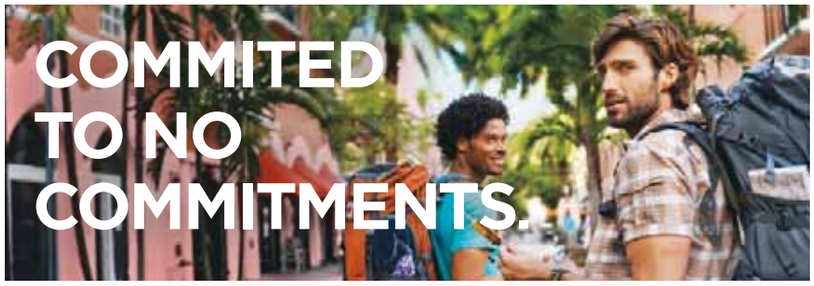

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

3			5		4			
		5				8		
			7			1		3
		8			2	3	7	
7				6				2
	1	3	4			9		
6		4			8			
		2				4		
			9		7			6

Yesterday's Sudoku

2	5	1	9	3	6	4	7	8
4	8	3	1	5	7	9	2	6
6	9	7	4	8	2	1	5	3
5	6	4	7	2	3	8	1	9
3	2	9	8	6	1	5	4	7
1	7	8	5	4	9	6	3	2
9	1	6	3	7	5	2	8	4
7	4	5	2	9	8	3	6	1
8	3	2	6	1	4	7	9	5

Horoscopes

♈ Aries
March 21 - April 20
There is no point trying to predict what will happen over the next few days. Just stay calm and be ready to act when big events happen.

♉ Taurus
April 21 - May 21
You need to be a bit more serious about your cash flow situation. Tomorrow's new moon will make it clear where and how savings need to be made. No more shopping sprees for you — for now.

♊ Gemini
May 22 - June 21
With a powerful new moon in your sign over the next three days there is no way you can go wrong — and even if you do go wrong it will somehow turn out right. Aim for the sky.

♋ Cancer
June 22 - July 23
What you decide over the next few weeks, and especially over the next few days, will form the basis of your reality for the coming year. Find a quiet place where you can be alone with your thoughts.

♌ Leo
July 24 - Aug. 23
Friendships and group activities are highlighted today and all week, so get out and mix with all sorts of people — every one of them will have something to teach you.

♍ Virgo
Aug. 24 - Sept. 23
If you are in any way dissatisfied with your lot, now is the time to do something about it. The approaching new moon means that changes are good for you, especially those to do with your career.

♎ Libra
Sept. 24 - Oct. 23
It will feel as if a great weight has been lifted from your shoulders today. Money worries, especially, will begin to fade and you can start having fun again.

♏ Scorpio
Oct. 24 - Nov. 22
The upcoming new moon will give you the motivation and energy you need to make a start on a project you have been flirting with for weeks, months, maybe even years.

♐ Sagittarius
Nov. 23 - Dec. 21
Anything of a one-to-one nature, be it personal, professional or financial, can be changed for the better over the next few days. Romance is especially well starred.

♑ Capricorn
Dec. 22 - Jan. 20
Even you can recognize that certain ways of doing things are not working as well as they should. It's time to push your ego to one side and admit that changes are needed.

♒ Aquarius
Jan. 21 - Feb. 19
The approaching new moon encourages you to believe that you can get away with anything. If you act as if it is true, you will no doubt do something amazing.

♓ Pisces
Feb. 20 - March 20
Over the next two or three days you will get the opportunity to find out why loved ones are so uptight. Once you know that it will be quite easy to restore harmony.

SALLY BROMPTON

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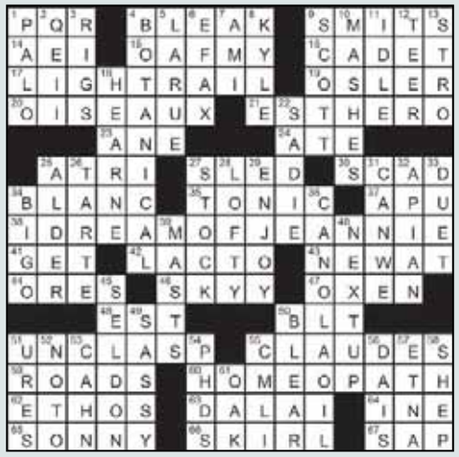
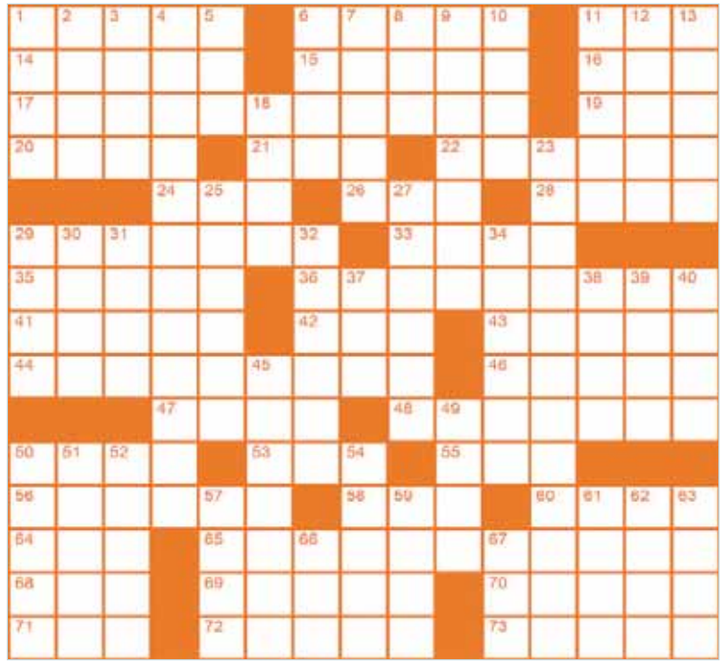
Yesterday's Crossword



Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



Across

1. Comic legend Milton
6. Backs
11. Telly-watcher's network
14. Sneezer's sound!
15. Classical music groups, briefly
16. Mr. Roth
17. Purchase with plastic: 3 wds.
19. __ rummy
20. Alta. neighbour
21. Farm field
22. Green Day's "When I Come __"
24. 'Benedict' suffix
26. Banned pesticide
28. '500' car race
29. Stop broadcasting: 2 wds.
33. Q. "__ _ _ Cool J the star of 'NCIS: Los Angeles'?" A. "Yes."
35. Straighten
36. Canada-US: The world's longest __ border
41. Shelf sort
42. Melissa __ Anderson
43. Celebrity chef Ms. De Laurentiis
44. Christopher Plummer's song in "The Sound of Music" (1965)
46. Calgary neighbourhood
47. __ __ other (Without equals)
48. Bricklaying tools
50. __ up (Escalates)
53. "November Rain" gr.
55. Antacid brand
56. A bite to eat
58. Lute-like instrument
60. Financial investment for the future, commonly
64. Cards symbol
65. Artful Dodger, and cohorts
68. Pronoun
69. Ice Cube, aka __ Jackson
70. Big name in insurance
71. __ Francisco
72. "SCTV" alum Martin
73. Beseech

Down

1. Ms. Streisand, cute-style
2. S. Amer. country
3. Prince Edward's wife, Sophie __-Jones
4. Stratford Festival play currently, Alice Through the __-__
5. Many a moon
6. Canadian comedian Jon
7. Greek mythology nymph
8. Got [abbr.]
9. Acupressure
10. Stars sci.
11. Carpenters' "We've Only Just __"
12. 54-40's "I Go __"
13. Brady Bunch kid
18. Staff symbol
23. Type of job, as on Hibernia: 3 wds.
25. "Still haven't heard a thing...": 2 wds.
27. Reader's __ Canada
29. 'Red tag' event
30. __ _'Orleans, QC
31. 1947 Nobel Prize in Literature winner, Andre __
32. Ford model
34. "Gilligan's Island" water
37. Greek letters
38. Florida: Miami-__ County
39. Leon __, 1963 Pulitzer-winning biographer
40. Author Mr. Brown's
45. One of Canada's official languages
49. Change
50. Accumulate
51. Certain coffee
52. Primp
54. TV weatherman Al
57. Heroic verse
59. __ __ the crack of dawn
61. Network of nerves
62. Commuter ticket buying places, e.g.
63. Health/safety messages, e.g.
66. Comedian Margaret
67. Head covering

ANSWERS: 1. Kabob is missing; 2. Shirt is a different colour;
3. Map is missing from backpack; 4. Shoes are now orange;
5. Man's beard is removed.
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Now is the time to ensure we end preventable newborn and maternal deaths within a generation – which is why 70 Canadian organizations are calling on delegates to:

Maintain momentum for moms, newborns and children

- Invest in what we know works, including health workers and inexpensive medicines
- Support innovations that help deliver better health outcomes for mothers, newborns and children

Bring the most vulnerable within arm's reach

- Focus on mothers and children who need the most help – the poor, the hard to reach, and those who suffer from discrimination

Strengthen investments in five strategic areas

- Support safe pregnancies and deliveries for newborns and mothers
- Improve nutrition – the foundation to good health
- Prevent and treat childhood infectious diseases, including the biggest three killers of children under five – pneumonia, diarrhea and malaria
- Invest in reproductive health
- Increase access to emergency obstetric care for mothers

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